How to protect
your social media accounts

Instagram

Instagram is today one of the most popular and widely used apps all over the world. A lot of young adults and teenagers depend on it for sharing details of their daily lives, or calling and keeping in touch with each other. That's why protecting your Instagram account is so important – you're protecting your privacy and confidential data.
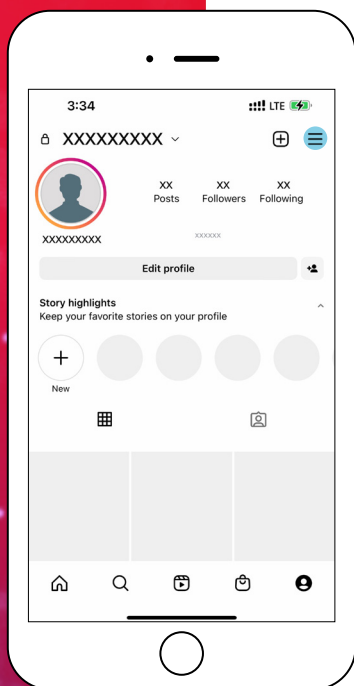
ALQST's Digital Rights Unit

in collaboration with Digital Protection, has put together some useful and effective tips to help you protect your accounts.
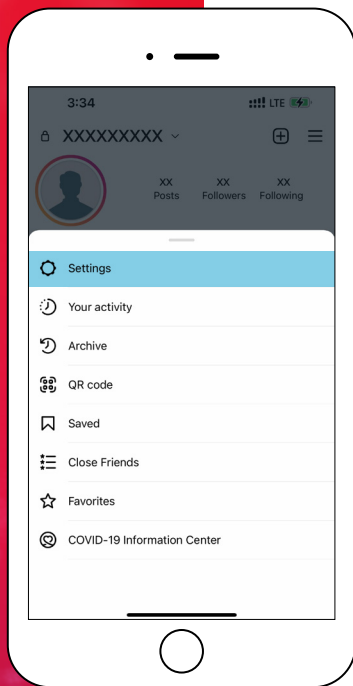
How to add

two-factor authentication

Step 1:

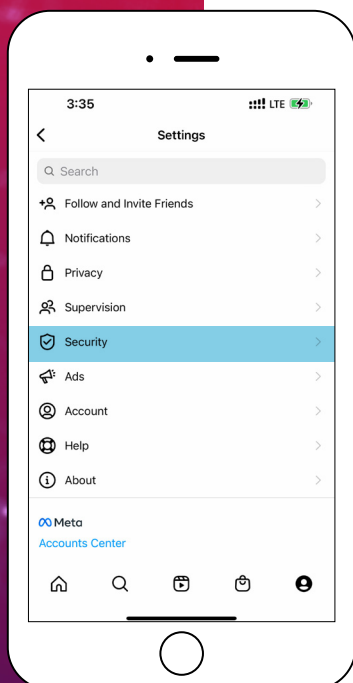On the main page - the page containing your photos - click on Settings ≡
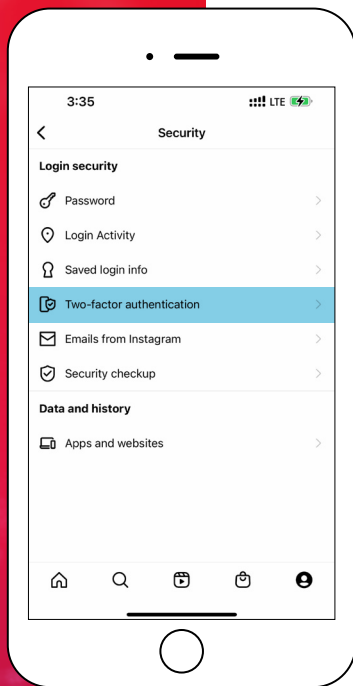
(the three black lines at the top)
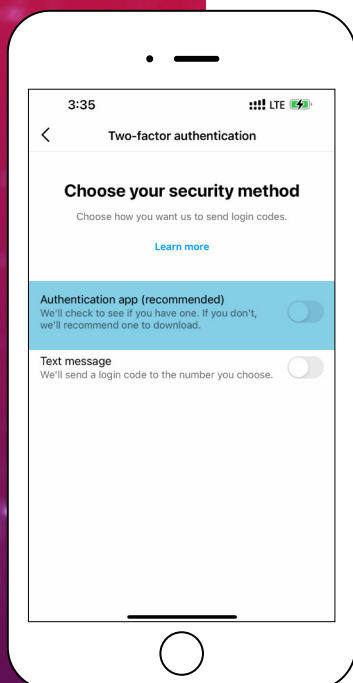
Step 2:

Go to "Settings".

Step 3:

Click on "Security"
from the list of options.

Step 4:

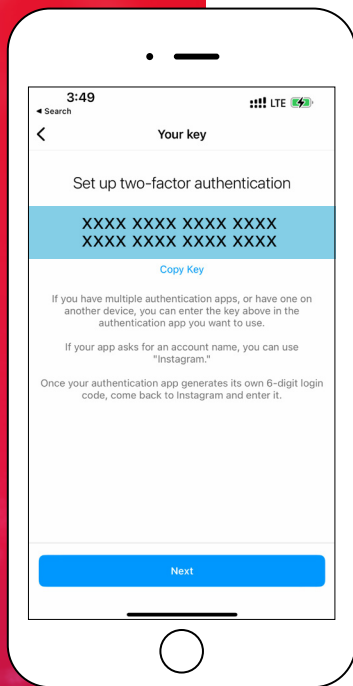Click on "Two-Factor Authentication".

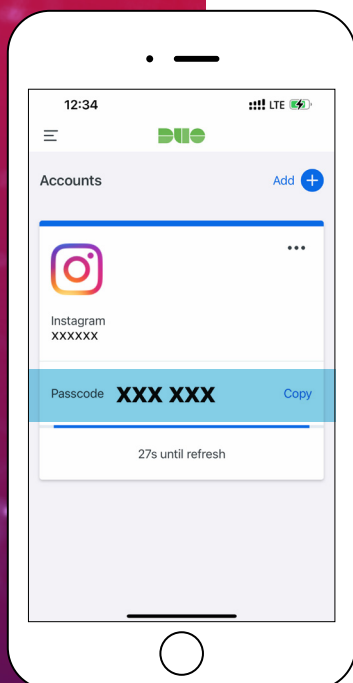Two methods of protection will appear:

A – To activate the "Authentication App" option:

First make sure you have downloaded an app to help activate this feature, such as DUE or Google Authenticator.
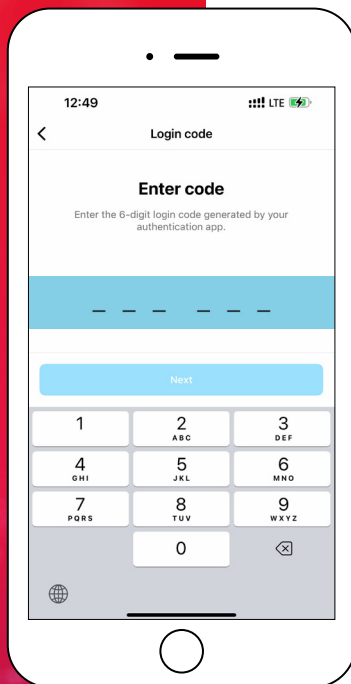
Copy the serial key that appears to you on the screen and paste it into the Duo Mobile application after choosing the type of account you want to protect "Instagram"
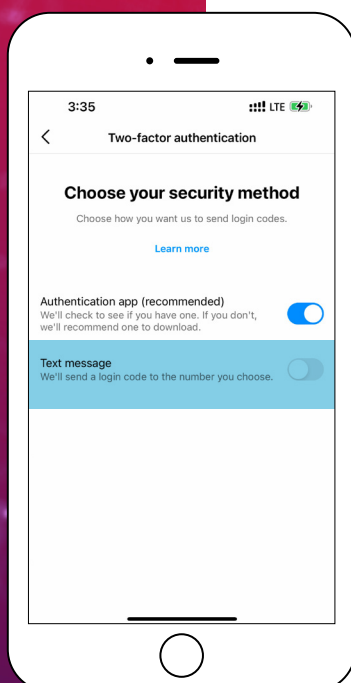

It will show the six digits you need to use (they change roughly every 30 seconds) to protect your account from hacking attempts.
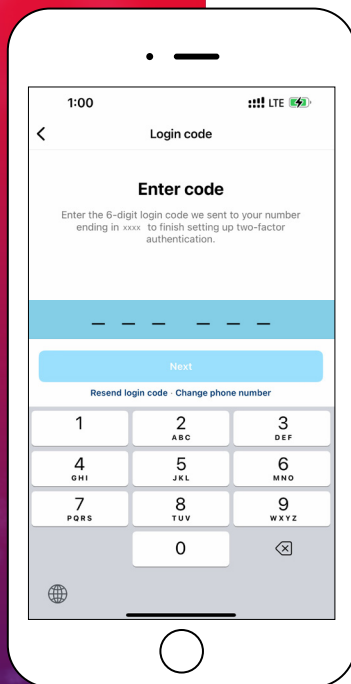
Click on "Next" from Instagram

Then enter the code that appeared previously on the Duo Mobile app

B – To activate "SMS or Text", if the app is linked to a mobile phone:

You will receive a code on your mobile phone via text message- insert it.

as the code is verified, two-factor authentication will immediately take effect on your account.

Source:
Digital Protection (digital-protection.tech)

ALQST wishes you all the best with using your devices safely.

Protecting your device is a way of protecting your personal safety.